

Evidence Based Medicine

Prof. Dr. J. Bellemans



ORTHOPEDIE
TRAUMATOLOGIE
HANDCHIRURGIE



Evidence Based Medicine

- Why I dislike the word
- EBM will disappear
 - The vast majority of what we do is not EB
 - If you want to do EBM, realise that you practice medicine of 10 yrs ago (which is the time it takes before the base of evidence is established)
 - waiting for evidence, retards innovation

Evidence Based Medicine

- Why I dislike the word
- EBM will disappear
 - knowledge & logic based medicine comes instead

Article types

- Clinical Trial
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- Customize ...

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Publication dates

- 5 years
- 10 years

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1. [Diagnosis of prosthetic joint infection with alpha-defensin using a lateral flow device: a multicentre study.](#)

Berger P, Van Cauter M, Driesen R, Neyt J, Cornu O, **Bellemans J**.
Bone Joint J. 2017 Sep;99-B(9):1176-1182. doi: 10.1302/0301-620X.99B9.BJJ-2016-1345.R2.
PMID: 28860397
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2. [The shape and orientation of the trochlea run more parallel to the posterior condylar line than generally believed](#)

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Critical look @ so called EB data

Critical look @ own observations,

>> medicine based upon knowledge and ratio

The New England
Journal of Medicine

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VOLUME 347

JULY 11, 2002

NUMBER 2



A CONTROLLED TRIAL OF ARTHROSCOPIC SURGERY
FOR OSTEOARTHRITIS OF THE KNEE

J. BRUCE MOSELEY, M.D., KIMBERLY O'MALLEY, PH.D., NANCY J. PETERSEN, PH.D., TERRI J. MENKE, PH.D.,
BARUCH A. BRODY, PH.D., DAVID H. KUYKENDALL, PH.D., JOHN C. HOLLINGSWORTH, DR.P.H.,
CAROL M. ASHTON, M.D., M.P.H., AND NELDA P. WRAY, M.D., M.P.H.

RCT @ 2 yr FU (180 pts):

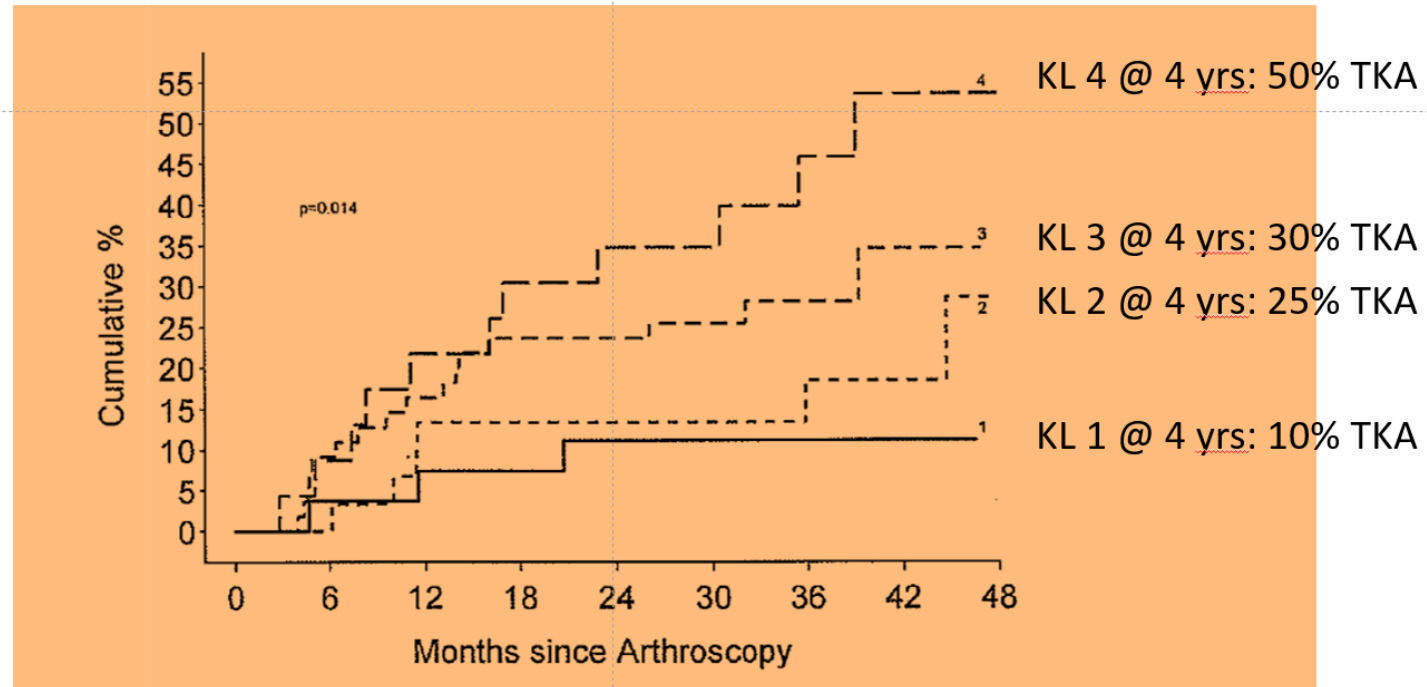
Arthroscopic debridement = lavage = sham



Acta Orthop. Belg., 2010, 76, 79-85

Arthroscopy of the knee in elderly patients:
Cartilage lesions and their influence on short term outcome
A retrospective follow-up of 183 patients

M. Raaijmakers, J. Vanlauwe, H. Vandenneucker, J. Dujardin, J. Bellemans



- What works for me, does not mean it works for others
- What works for others, does not mean it works for me



Surgical variability plays an **IMPORTANT** role



Critical look @ so called EB data

Critical look @ own observations,

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